




Welcome to Buffalo West Restaurant

Locally owned and operated since 2012

7101 Camp Bowie West • Fort Worth, TX 76116

(817) 732-2370 • www.buffalowestfw.com

 = Blue Zone Project® Menu Items

Proudly serving 44 Farms registered Black Angus Beef, Texas raised, without growth hormones or antibiotics, fed on native grasses and grains, aged a min. of 28 days.

APPETIZERS

Fresh Salsa and Chips6
add spicy queso with sausage4

Quesadillas

Fresh flour tortilla, grilled with Monterrey Jack cheese, onions, bell peppers, and your choice of Steak Bites or chicken served with pico de gallo, sour cream, and guacamole.....12

Calf Fries (a signature item)

A generous portion of a Lone Star tradition served on a bed of lettuce with fries and spicy Cajun ranch sauce.....12

Buffalo West Sampler Platter

A generous assortment of potato skins, tender sirloin Steak Bites, golden hand-breaded onion rings, chicken tenders, and fresh nacho chips, served with assorted dipping sauces.....18

Chicken or Steak Bites Nachos

Tortilla chips layered with chicken or Steak Bites and pico de gallo covered with Monterrey Jack cheese.....14

Steak Bites

Tender sirloin pieces served over fries15

Calamari

Hand-breaded calamari lightly fried with a spicy dipping sauce.....15

SOUPS & SALADS

Vegetable Soup

Made from farm fresh heart-healthy vegetables6

Lobster Bisque

Traditional creamy lobster base with succulent lobster10

French Onion Soup

Traditional style topped with Provolone cheese.....9

Soup & Salad Bar

Choose from a variety of ingredients to create your perfect salad and a choice of four fresh, hot soups

Lunch (11 am - 4 pm): Monday - Saturday.....12

Sunday Brunch (10:30 am - 2 pm)15

Dinner.....18

Served with sautéed vegetables, broccoli, sweet potato or baked potato

Add chicken (grilled or fried) 5 **Add beef**..... 5



Steak & Spinach Salad

Marinated beef medallions layered between sliced tomatoes, red onion, and baby spinach topped with bleu cheese and balsamic reduction.....16

Strawberry Spinach Chicken Salad

Baby spinach tossed with sliced strawberries, broiled chicken breast, pecans, and sliced red onion with a raspberry dressing15

TRADITIONAL SANDWICHES & BURGERS

(All sandwiches served with lettuce, tomato, onion, pickles, and your choice of  vegetable medley,  broccoli, fries or rice pilaf)

Add a trip to the Soup and Salad Bar.....7

Buffalo West Burger *

8 oz Hand-patted burger with your choice of toppings. Choose 3 of the following: American, Swiss, jack, cheddar or bleu cheese, bacon, jalapeños, sautéed mushrooms, grilled onions.....14

Tavern Burger *

10 oz Hand-patted burger with your choice of toppings. Choose 3 of the following: American, Swiss, jack, cheddar or bleu cheese, bacon, jalapeños, sautéed mushrooms, grilled onions, includes a trip to our Soup & Salad Bar.....20

Monte Cristo

Ham, turkey, Swiss, and American cheese on wheat berry bread deep-fried in tempura batter dusted with powdered sugar and served with raspberry preserves.....15

Casalinga Chicken

Grilled chicken topped with crisp bacon, Swiss cheese, Cajun mayo, lettuce, and tomato served on ciabatta bread.....14

New York Style Reuben

Thin slices of turkey or corned beef, sauerkraut, Thousand Island dressing, and melted Swiss cheese grilled on pumpernickel bread.....14
With turkey and corned beef16

Club Sandwich

Ham, turkey, bacon, lettuce, tomato, and American cheese served on toasted wheatberry bread15

44 Farms Roast Sirloin Dip Sandwich

Slow-roasted fresh shaved Top Sirloin served on toasted baguette bread with a side of au jus and creamy horse radish sauce..... 16

Soup and a Half

Bowl of your choice of soup and 1/2 a Club Sandwich.....15

Buffalo West Cheesesteak Sandwich

Grilled 44 Farms shaved Top Sirloin with your choice of cheese: Provolone, Pepper Jack, Monterrey, American or Swiss, and your choice of grilled onions, bell peppers, mushrooms, and jalapeños served on an authentic bun..... 14

LIGHT & TASTY

Warm Grilled Vegetable Sandwich

Grilled zucchini, red peppers, mushrooms, feta cheese, lettuce, and tomato on wheat berry bread served with vegetable medley, broccoli, or sweet potato..... 14

Grilled Portabella Mushroom

Topped with melted herbed goat cheese paired with sweet potato and grilled asparagus.....15

Buffalo West Veggie Plate



Steamed mixed veggies paired with jalapeño, onion, potatoes, and tomato-spinach-feta salad with honey-balsamic drizzle.....14

Veggie Tacos

Corn tortillas filled with seasonal vegetables, pico de gallo and feta cheese, paired with corn relish.....14

*Burgers are cooked to medium unless customer states otherwise.

ENTREES

(Substitutions include  vegetable medley,  broccoli, sweet potato, rice pilaf, baked potato, fries, or any of the sides)

Add a trip to the Soup and Salad Bar 7

BEEF

Cowgirl Ribeye

16 oz custom-cut bone-in Ribeye charbroiled served with fresh vegetables, sweet potato or baked potato45

Cowboy Ribeye

22 oz custom-cut bone-in Ribeye charbroiled served with fresh vegetables, sweet potato or baked potato, includes trip to our soup and salad bar.....52

Filet of Beef Tenderloin

Hand Cut Filet of beef tenderloin, sweet potato or baked potato, includes a trip to our soup and salad bar.....6 oz....35.....12 oz.....45

Buffalo West Sizzler

16 oz custom-cut bone-in Ribeye served on a hot cast iron skillet topped with sautéed onions, bell peppers, mushrooms, jalapeños with skillet potatoes.....45

Prime Rib (served after 4:00 pm)

Our signature slow-roasted Prime Rib served with baked potato
8 oz.....26 12 oz.....35 16 oz.....40

Steak, Bake & Salad

8 oz Sirloin with baked potato & a trip to our Soup and Salad Bar...26

Hawaiian Ribeye

Custom Cut tender marinated boneless Ribeye, sweet potato or baked potato, includes a trip to our soup and salad bar.....40

Chicken Fried Ribeye

Chicken fried Ribeye steak smothered in homemade white pepper gravy served with homemade mashed potatoes.....18

Chopped Beef Steak

Traditional chopped beef topped with sautéed onions, mushrooms, and gravy, served with homemade mashed potatoes.....18

Rib Eye Pot Roast

Rib Eye Pot Roast served with homemade mashed potatoes and fresh mixed vegetables..... 17

CHICKEN

Skillet Chicken

Grilled skinless breast of chicken topped with Swiss cheese served with pico de gallo, guacamole, and grilled jalapeños, onions, and skillet potatoes.....19

Hawaiian Chicken

Broiled marinated chicken breast topped with pineapple served with rice pilaf and a trip to our Soup and Salad Bar 22

Blackened Chicken Tacos

Blackened chicken breast with shredded cabbage, chipotle aioli and pico de gallo tucked in your choice of corn or flour tortillas served with guacamole, pico de gallo, sour cream, and tortilla chips 17

Chicken Fried Chicken

Chicken fried chicken smothered in homemade white pepper gravy served with homemade mashed potatoes 18

FROM THE SEA

Tilapia

Tilapia, broiled, blackened, or fried served with rice pilaf and a trip to our Soup and Salad Bar..... 21

Grilled Salmon

8 oz Grilled salmon filet served with savory rice pilaf28

Whitefish Tacos

Blackened Whitefish served in corn or flour tortillas with shredded lettuce, pico de gallo, and feta cheese. Served with guacamole, pico de gallo, sour cream, and tortilla chips..... 17

SIDES

Vegetable Medley

Farm fresh vegetables sautéed in extra virgin olive oil with a pinch of garlic 6

Broccoli

Fresh steamed broccoli6

Asparagus

Fresh asparagus lightly sautéed in olive oil and lemon.....8

Sweet Potato Tots.....6

Steak Bites Skillet Beans

Slow-cooked ranch style beans, fresh hand cut Steak Bites, and BBQ Sauce.....7

Sweet Potato

Baked sweet potato topped with brown sugar, cinnamon, and marshmallows.....7

Rice Pilaf

Seasoned long grain and wild rice.....6

Loaded Baked Potato

Baked potato topped with butter, sour cream, home cooked bacon bits, cheddar cheese, and chives.....8

Onion Rings

Fresh fried onion rings.....7

Loaded Mashed Potatoes

Fresh mashed potatoes topped with butter, sour cream, home cooked bacon bits, cheddar cheese, and chives.....7

Burgundy Mushrooms

Mushrooms simmered with Burgundy wine, onions, and beef broth.....8

DESSERTS

Bread Pudding (Enough to Share)

Warm homemade bread pudding covered with Irish cream whiskey, brown sugar, and pecans.....10

Texas-Sized Waffle (Enough to Share)

Fresh hot Texas-shaped Belgian waffle with praline pecan ice cream, decadent hot fudge sauce and topped with whipped cream.....10

100 Calorie Bread Pudding Nice Bite .....6

Homemade Belgian Waffle Nice Bite .....6

Topped with fresh strawberries and honey

Ask your server for additional dessert selections.



 = Blue Zones Project Menu Items

Blue Zones Project® is a community-led well-being improvement initiative designed to make healthy choices easier through permanent changes to environment, policy, and social networks. Look for the blue checkmark for easy healthy choices.

FOLLOW US!



RESERVATIONS ON OPEN TABLE
ALSO BY PHONE (817) 732-2370



THANK YOU FOR CHOOSING
BUFFALO WEST RESTAURANT

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.